

2024
RECREATION LEAGUE INTERLOCK SOFTBALL RULES
ALABASTER/CALERA/HELENA/MONTEVALLO//PELHAM/
CHELSEA/SHELBY COUNTY

THE FOLLOWING EXCEPTIONS WILL SUPERSEADE THE OFFICIAL USA
ALABAMA ALL-STAR RULES FOR EACH INTERLOCKING PARK

ALL AGE GROUPS

- Umpires will not be instructed to check bats during the regular season. Keep in mind that bats used in All-Stars may be checked and must be approved for play within your sanctioning body. The bat must meet the 1.20BPF stamp.
- A manager must make every effort possible to field a team with the number of players from his/her original roster. A team must field a minimum of 8 players in order to begin or complete a game. If a team fails to field the minimum number of 8 players required to begin a game or does not have the minimum number of 8 at the completion of the game, the result of the game will be a forfeit. A team may place a late arrival at the bottom of the batting order, before the completion of the original batting rotation. No late arrival may enter the game after the completion of the first rotation of the batting order. An automatic out will be taken for each vacant spot not filled from the original lineup. Only exception to the automatic out will be if a player is injured or becomes ill after the start of a game.
- Every team in every division will place all players in the batting order and they will be their turn in the lineup.(i.e.: if a team has 12 players they will list those players 1-12 and bat them in that order for the entirety of the game.)
- Local Interlock rules supersede USA Alabama All-Star rules.
- If a rule is not addressed in the local interlock rules it will revert to the Alabama USA Alabama All-Star rules first for a ruling and then USA National Rules. The website is www.usasoftballofalabama.com click on the rec tab, then click on the rules tab located at the top of the page.
- A manager may use a maximum of 2 players from the same division or pull up from the lower division. The players referenced in the above statement cannot exceed a 10 player roster for coach pitch or 9 player roster for kid pitch. A player that is utilized in the above situation can play for each team in a division one (1) time only. The player pulled up or across must bat last and play in the outfield. Players pulled up or across are allowed to play for another team during regular season games only. Tournaments and Championship games can only be played with your original roster.

RAINOUT NUMBERS:

Alabaster Park	378-4055	Calera Park	668-7240
Helena Park	620-2877	Montevallo Park	527-3755
Pelham Park	618-8033		

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6&UNDER COACH PITCH

- The game shall be five (5) innings or 60 minutes, whichever comes first. The teams must finish the inning unless the home team is ahead when the top half of the inning is over. Teams that are tied after the completion of the time limit/required innings will play (1) International Tie Breaker. If the game remains tied after the completion of the Tie Breaker, the game will result in a tie game.
- If a team becomes mathematically eliminated the game shall end.
- In case of injury or illness during the game, the injured or ill player shall miss her turn at bat with no penalty.
- The defensive team shall have no more than 6 infielders (inclusive of the circle player and player catcher) if a team does not have a player catcher then they can have no more than 5 infielders. All other available players will be positioned in the outfield at least 10 feet behind the baselines until the ball is batted.
- A team will bat its entire roster. **Each inning will be 3 outs or 7 runs.**
- Batters will get 5 pitches to put the ball in play. If the batter fouls the 5th pitch she will get another pitch until she hits the ball in fair territory or swings and misses the pitch.
- Mercy Rule: 17 after 4 innings or 10 after 5 innings
- If defensive coaches are used, they shall position themselves 10 feet behind the base coach's box and clearly be in foul territory.
- No game shall start after 8:30PM on weekdays (Sunday-Thursday) or after 9:30PM on weekends (Friday-Saturday). No inning shall start after 10:00PM on weekdays or after 11:00PM on weekends. At the close of the school year, no game shall start after 9:30PM on weekdays and 10:30PM on weekends.
- No Tee will be used for any age groups during the game.
- All player catchers must be in full catchers gear.
- A ball thrown from an infield position towards first base in an attempt to get the batter out that is overthrown to the first baseman and goes past the 3 foot running lane is considered a dead ball at this point. All runners will be allowed one additional base. The ball must go past the 3 foot running lane

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line to be considered an overthrow. The 3-foot running lane should be run 10 feet past the bag. Exception: on last batter.

- **Catchers**
- No Catcher unless a Coach wants one for the 2023 Spring season. The offense must have a “catcher coach” that will stand behind or next to the catcher, if the defense doesn’t have a catcher then the “catcher coach” can assume the position of the catcher behind the plate. The “catching coach” cannot coach players, however, they are allowed to help align a batter in the box if needed prior to the pitch. Once a ball is hit the “catching coach” must position themselves out of the way in order to not interfere with any play. (ADOPTED 3-20-2023)
- Note: The catchers must wear full catchers gear.

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8&UNDER COACH PITCH ONLY

- The game shall be six (6) innings or 75 minutes, whichever comes first. The teams must finish the inning unless the home team is ahead when the top half of the inning is over. Teams that are tied after the completion of the time limit/required innings will play (1) International Tie Breaker. If the game remains tied after the completion of the Tie Breaker, the game will result in a tie game.
- If a team becomes mathematically eliminated the game shall end.
- In case of injury or illness during the game, the injured or ill player shall miss her turn at bat with no penalty.
- Play up to 10 in the field
- All players shall play in at least 2 innings on defense (4 innings minimum for the rule to apply) Penalty if protested and upheld will be forfeiture of the game.
- All players will be listed in the batting order and bat their turn. No EP's will be used. Free substitution on defense.
- Mercy Rule: 17 after 4 innings or 10 after 5 innings
- If defensive coaches are used, they shall position themselves 10 feet behind the base coach's box and clearly be in foul territory.
- No game shall start after 8:30PM on weekdays (Sunday-Thursday) or after 9:30PM on weekends (Friday-Saturday). No inning shall start after 10:00PM on weekdays or after 11:00PM on weekends. At the close of the school year, no game shall start after 9:30PM on weekdays and 10:30PM on weekends.
- There will be a maximum of 7 runs per inning per team or 3 outs whichever comes first. **ADOPTED 2-20-19**

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10&UNDER & 12&UNDER

- The games shall be seven (7) innings or 75 minutes, whichever comes first. The teams must finish the inning unless the home team is ahead when the top half of the inning is over. Teams that are tied after the completion of the time limit/required innings will play (1) International Tie Breaker. If the game remains tied after the completion of the Tie Breaker, the game will result in a tie game.
- Mercy Rule: 17 after 4 innings or 10 after 5 innings
- 10u - There will be a maximum of 7 runs per inning per team or 3 outs whichever comes first. **ADOPTED 2-20-19**
- 10u- There will be **NO** dropped 3rd Strike.- **(ADOPTED 2-19-18)**
- 12u - There will be a maximum of 7 runs per inning per team or 3 outs whichever comes first. **ADOPTED 2-20-19**
- No game shall start after 8:30PM on weekdays (Sunday-Thursday) or after 9:30PM on weekends (Friday-Saturday). No inning shall start after 10:00PM on weekdays or after 11:00PM on weekends. At the close of the school year, no game shall start after 9:30PM on weekdays and 10:30PM on weekends.

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